



# Course Overload Application (Please fill out both sides of this form)

Name

Grade 10

Phone number

Cell phone number

A full course load for students is 6 classes plus a study hall. There are numerous opportunities for co and extra curricular activities at CAJ and many students have busy schedules at church, youth groups, jobs, etc. Students who wish to take more than 6 classes will need to apply for an exemption from taking a study hall. They will also need to seek permission from their parents to apply for an exemption. Students and parents should make thoughtful, intentional decisions about how busy student's schedules are and what they can handle. Students who intend to take AP classes, sports, are involved in music or theater, have jobs, or have busy schedules from other factors, are strongly discouraged from giving up their study hall time. Study halls are also an opportunity for students to seek additional help as needed and to make use of school resources. As stated in the handbook: "CAJ reserves the right to limit a student's course load."

List all classes you intend to register for:

- 1) Bible & PE
- 2) English
- 3) Biology (Physical Science for those who have already taken Biology)
- 4) Math (Advanced Algebra or Geometry)
- 5) Foreign Language (French, Spanish, Japanese, Effective Writing)
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_

Zero Period (circle those that apply) (these activities are the equivalent of one class spread over the entire year). Having an zero period class counts as .5 and thus may put you over the 6 classes. Zero period activities include Chambers, Handbells, StuCo, Orchestra, Jazz Band.

*I have filled out both sides of this form honestly and thoughtfully. Changes to schedules (like deciding to do an additional activity) may happen and I will inform the office when they do:*

Student Signature \_\_\_\_\_

*I have reviewed my child's application and understand the commitment required for a student to take an overload and approve of my child applying to do so:*

Parent Signature \_\_\_\_\_

For Office Use (Date _____) Approved _____
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Please mark all that you expect to participate in or that apply for you next year. If your plans change, for instance, if you decide to try out for an activity you did not list here, your application may be reviewed and possible restrictions may be necessary.

First Semester

- StuCo
- Chamber Singers
- Handbell Ensemble
- Jazz Ensemble
- Flute Ensemble
- Orchestra

Second Semester

- StuCo
- Chamber Singers
- Handbell Ensemble
- Jazz Ensemble
- Flute Ensemble
- Orchestra

Fall

- Cross Country
- Tennis
- Volleyball
- Sport Manager
- Fall Play
- Oher

Winter

- Basketball
- Field Hockey
- Wrestling
- Sport Manager
- Other

Spring

- Soccer
- Track
- Sport Manager
- Spring Play
- Speech
- Other

List any AP classes you intend to take:

Make an honest assessment of how much time you anticipate spending weekly in the following type of activities: youth groups, church commitments other than Sunday, service opportunities, volunteer work, etc. :

Explain if you want (optional):

- 0-3 hours
- 4-5 hours
- 6-7 hours
- 8 hours or more

How long is your daily commute to school (one way)? \_\_\_\_\_ minutes.

Do you anticipate having a job? Yes No

If so, how many hours per week do you anticipate working? \_\_\_\_\_

Are you involved in any sports, classes, or ongoing time intensive activities not included above? Please list and estimate how much time a week they require.

Please return by September 2, 2011